

# WHAT IS MOMENT MINISTRIES?



**IF WE ARE DAUGHTERS OF THE MOST HIGH KING,  
WHY DON'T WE FEEL LIKE ROYALTY?**

### **What is Moment Ministries?**

Moment Ministries (MM) is a discipleship ministry and haven in the Twin Cities for young women where they are inspired and equipped to discover and live in their Christ-centered identity. Our vision is for every woman in every community to know and experience her amazing value and purpose that is found in the person of Jesus Christ.

Moment Ministries was founded in 2018 by Executive Director, Allison Eide. After graduating high school, Allison became passionate about pouring into middle school and high school girls who experience oppressive social pressure, toxic comparison, and the anxieties that come with culture's unattainable standards. These blossoming and impressionable ages are often treated as a time to merely push through and survive. But Allison believes God has so much more for the middle school and high school years than just survival. "There is amazing value and purpose He has placed on the lives of each and every girl, in every season of life." says Eide.

This ministry is designed as a rooted and ongoing community that cultivates a safe space for young women to receive mentorship and discipleship, meeting their emotional and spiritual needs. When young women come to experience this ministry, they learn how to study and understand Scripture, how to build friendships, and grow in discovering their valuable purpose in God's Kingdom. We believe that growth is not a place of arrival, but rather a lifetime of boundless discovery. Life is a collection of moments; the good, the bad, and the ugly, where we get to discover Jesus more and more together, living in freedom that cannot be shaken by the world.

### **What is the MM Camp?**

The MM Camp is the ministry's annual event where middle school and high school girls come from all over the state of Minnesota to participate in an unforgettable experience. Within this week (or weekend) long-camp, MM creates an intentional space packed with conversation, team-building, one-on-one discipleship, and emotional and spiritual healing. Through this time of Scriptural study, worship, prayer, and an abundance of laughter, these girls walk away with an anchoring joy and deep sense of belonging. In a world filled with countless voices trying to define who we are, the MM Camp inspires and equips each one of us to discover and live in our true and precious identity God has given us. Each girl walks away with a freedom and confidence that cannot be shaken by the world.

## How can I join MM?

- Register for the middle school or high school **MM Camp 2022!** Bring your friends, sisters, church small group, sports team, come to this amazing experience!
- Join our emailing list, **Monday Moments**, to receive updates on what God is doing through this ministry!
- Join our MM community on social media: Instagram, Facebook, and Youtube. **@momentministriesofficial**
- Join our prayer team or donate as you feel called!